

## How Do I Begin Planning for a Move?

**A Professional Organizer or Senior Move Manager can help you.**

**Services include:**

Downsizing	Online auctions
De-cluttering	Photo inventory
Organizing your move	Determining future space needs
Packing and move oversight	Paper and document management
Unpacking and resettling	Donating goods to charity organizations

...or any other aspect of organizing and moving.

**If any of the following situations sound familiar,  
you might find an organizer or move manager helpful.**

“Both my husband and I have very busy schedules and combined with the care of two young children, just thinking about finding a new place to live and organizing a move is more than I want to handle. I need someone to take over all of the logistics associated with a move.”

**A Professional Organizer can take care of the time-consuming aspects of a move.**

“I am retired and recently had surgery. I am interested in moving, but it would be impossible for me to sort through a lifetime of things and participate in packing the apartment.”

**A Senior Move Manager can assist with the physical aspects of a move.**

“With our considerable travel, research, and speaking engagements, my spouse and I would never have the time to organize a move. The only conceivable scenario would be if someone we trust could take care of all the organizing and oversight on our behalf.”

**A Professional Organizer can eliminate the need for hands-on participation in the move.**

“We have lived in our apartment for over forty years and have accumulated many things, including an extensive library. Though we would like to have less space to maintain as well as lower living expenses, it is difficult to imagine downsizing to a smaller apartment.”

**A Senior Move Manager can help sort everything in preparation for a move.**

# Resources

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## *National Associations*

**National Association of Professional Organizers**  
<http://napo-ny.net>  
856-380-6828

**National Association of Senior Move Managers**  
<http://nasmm.org>  
877-606-2766

## *Referrals*

The professionals listed below have undergone an initial screening process and have expressed interest in working with residents of Columbia buildings. Their websites provide a detailed explanation of their services, as well as client testimonials. Your own investigation should be conducted prior to hiring.

### Professional Organizers

**Denise Caron-Quinn, In Order to Succeed**  
212-721-2222, [dc@inordertosucceed.com](mailto:dc@inordertosucceed.com)  
<https://inordertosucceed.com/>

**Janine Sarna-Jones, CPO, SMM-C**  
**Organize Me Inc.**  
212-842-8301, [Janine@OrganizeMe-Inc.com](mailto:Janine@OrganizeMe-Inc.com)  
<https://organizeme-inc.com/>

**Lisa Zaslow, Gotham Organizers**  
212-866-9493 [info@gothamorganizers.com](mailto:info@gothamorganizers.com)  
<https://gothamorganizers.com/>

### Senior Move Manager

**Marilyn Karpoff, Karpoff Affiliates/Moving On NYC**  
212-358-8044, [mkarpoff@karpoffaffiliates.com](mailto:mkarpoff@karpoffaffiliates.com)  
<https://karpoffaffiliates.com/>

***DISCLAIMER:*** *Columbia University does not endorse any specific organization or individual listed above. The University does not guarantee the accuracy of the organization's or individual's statements. The University will not be party to any agreement entered into between the parties and will not enforce such agreement.*

## *Columbia Office of Work/Life*

If you want to discuss any aspect of moving, including how a moving professional might be helpful, please feel free to reach out to Alice Lesman, Director of Housing Information and Referral at Columbia's Office of Work/Life, at 212-851-9182 or [al2775@columbia.edu](mailto:al2775@columbia.edu).

The Office of Work/Life has extensive information for Columbia community members who are planning a move. For more information about Housing and Relocation resources, please visit <https://worklife.columbia.edu/content/relocation>.